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Distributed by Morini Brands Inc.
Elwood City, PA 16117
Contact us at www.morinibrands.com
American Vegetarian Association

Keep Frozen or Refrigerated.
For Best Quality use within 5 days after
opening or can be tightly sealed and re-frozen.

*Organic **Plant Derived
Xanthan Gum **Fermented sugar,
flavor and natural color, **Guar and
peppadew, garlic, onion, sea salt, **natural
Culantro, Lime, Lemon cayenne pepper,
contains less than 2%, *beet powder,
beans, *green lentils, *chia, coconut oil,
RICE BRAN OIL], *rice protein, *cannellini
MILK [*BROWN RICE, FILTERED WATER,
*WHITE RICE, *RICE VINEGAR], RICE
*BROWN RICE, *BLACK RICE, *WILD
ALTERNATIVE [FILTERED WATER,
*RISOFU® - (RICE CURD BASE MEAT
INGREDIENTS:

Appliances vary. Heating times are approximate.

Each heating method DO NOT OVERHEAT.

Low heat 2-3 minutes or until warm.

STOVE TOP: In pan, lightly brush with your favorite oil.

OVEN: First transfer to a suitable container

(350° F for 10-15 min).

Medium 1-2 minutes or until warm.

MICROWAVE: In this tray, remove lid, peel back film

Best when heated in microwave.

heated from a frozen or thawed temperature.

Or if you prefer, Spread Instead™ can be

FULLY COOKED, SIMPLY THAW & EAT.

Nutrition Facts	
Amount/serving	% Daily Value
Total Fat 6g	10%
Sat. Fat 2.5g	6%
Total Carb. 17g	13%
Dietary Fiber 3g	11%
Total Sugars 2g	0%
Incl. Og Added Sugars	0%
Cholest. 0mg	0%
Iron 4mg	20%
Vitamin B6 0.2mg	12%
Vitamin B12 0.7mcg	30%
Calcium 50mg	4%
Potassium 220mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Smarter Benefits
Gently Created with Risofu Ensuring Maximum Natural Nutrition
100% Pure Plant Goodness
Great Taste/Soy Free

Made with RISOFU® (the-ZOE-fu),
The World's First Rice Based (NOT SOY) meat alternative.
Its whole-grain goodness offers well-rounded nutrition and
great flavor experiences. Fully cooked and ready to serve.
Heap on your favorite bread for a satisfying meal, spread on
crackers for a rewarding snack, or grab your favorite tortilla
to create amazing wraps or quesadillas!
Hot, warm or chilled – choose Spread Instead™ and create
great food moments.
Leave meat behind with Risofu® it's smarter to Spread Instead™.
It's Simply Better! Visit Risofu.net

SpreadInstead.com

NEW
Oven Baked
& Ready
for

SANDWICHES
WRAPS & more

FULLY COOKED

A Good Source
of Iron & Dietary Fiber
410 mg of Omega-3s

GREAT
TASTING

8 g Protein/3 oz.

made with
Organic Ingredients

150
CALORIES

6 g
TOTAL FAT
6% DV

230 mg
SODIUM
10% DV

2 g
SUGARS

Soy-Gluten Free
Non GMO

4 SERVINGS

NET WEIGHT 12 OZ (340g)

Morini Brands
RISOFU®
"Nature's Meat Alternative"

Spread
INSTEAD™

NATURE'S SMARTEST MEAT ALTERNATIVE™



Serving Suggestion



Snackin' Smart
Stuffed Celery

Recipes:
SpreadInstead.com

BANGIN' BUFFALO QUESADILLA

INGREDIENTS

1 each -10" Flour Tortilla
1oz. Shredded Cheddar Cheese
2ozs. Bangin' Buffalo Spread Instead®
1oz. Sautéed Onions
1oz. Sautéed Red & Green Peppers

INSTRUCTIONS

• Place flour tortilla on cutting board
• Spread Bangin' Buffalo Spread Instead® on half the flour tortilla.
• Place shredded Cheddar cheese on the other side of flour tortilla.

• Add sautéed onions and peppers. Fold in half.
• Place in a non-stick sauté pan, on medium high heat sprayed with cooking spray.
• Lightly brown on both sides. When done place on cutting board and cut into 3-4 pieces.
• Serve with Sour cream and Salsa or Guacamole.