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 Distributed by Morini Brands Inc.
 Elwood City, PA 16117
 Contact us at www.morinibrands.com
 American Vegetarian Association
 Certified
 Vegan

Keep Frozen or Refrigerated.
 For Best Quality use within 5 days after
 opening or can be tightly sealed and re-frozen.

*Organic **Plant Derived
 and Xanthan Gum **fermented sugar.
 natural flavor and natural color. *Guar
 contains less than 2%: mustard, salt,
 Coconut oil, sweet relish, beet powder,
 *cannellini beans, *green lentils, *chia,
 WATER, RICE BRAN OIL, *rice protein,
 RICE MILK [*BROWN RICE, FILTERED
 RICE, *WHITE RICE, *RICE VINEGAR],
 *WILD RICE], RICE PUREE [*BROWN
 WATER, *BROWN RICE, *BLACK RICE,
 BASE MEAT ALTERNATIVE [FILTERED
 INGREDIENTS: *RISOFU® - (RICE CURD

INGREDIENTS:

Appliances vary. Heating times are approximate.

Each heating method DO NOT OVERHEAT.

Low heat 2-3 minutes or until warm.

STOVE TOP: In pan, lightly brush with your favorite oil.

OVEN: First transfer to a suitable container

(350° F for 10-15 min).

Medium 1-2 minutes or until warm.

on one corner to vent or transfer desired portion to

suitable container. Set desired time. Stir if needed.

MICROWAVE: In this tray, remove lid, peel back film

Best when heated in microwave.

heated from a frozen or thawed temperature.

Or if you prefer, Spread Instead™ can be

FULLY COOKED, SIMPLY THAW & EAT.

Nutrition Facts	
Amount/serving	% Daily Value
Total Fat 8g	10%
Sat. Fat 2.5g	13%
Total Carb. 21g	8%
Dietary Fiber 3g	11%
Total Sugars 7g	0%
Incl. Og Added Sugars	0%
Cholest. 0mg	0%
Protein 9g	0%
Vitamin D 0mcg	0%
Iron 4mg	20%
Vitamin B6 0.1mg	6%
Calcium 52mg	4%
Potassium 152mg	4%
Vitamin B12 0.7mcg	30%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Smarter Benefits
 Gently Created with Natural Nutrition
 RisoFu Ensuring Maximum
 100% Pure Plant Goodness
 Great Taste/Soy Free

Made with RISOFU® (the-ZOE-Foo),
 The World's First Rice Based (NOT SOY) meat alternative.
 Its whole-grain goodness offers well-rounded nutrition and
 great flavor experiences. Fully cooked and ready to serve.
 Heap on your favorite bread for a satisfying meal, spread on
 crackers for a rewarding snack, or grab your favorite tortilla
 to create amazing wraps or quesadillas!
 Hot, warm or chilled – choose Spread Instead™ and create
 great food moments.
 Leave meat behind with RisoFu® it's smarter to Spread Instead™.
 It's Simply Better! Visit RisoFu.net

SpreadInstead.com

NEW
Oven Baked
& Ready
for

SANDWICHES
WRAPS & more

FULLY COOKED

A Good Source
 of Iron & Dietary Fiber
 410 mg of Omega-3s

GREAT
TASTING

9 g Protein/3 oz.

made with
Organic Ingredients

220
 CALORIES

8 g
 TOTAL FAT
 10% DV

650 mg
 SODIUM
 21% DV

7 g
 SUGARS

Soy-Gluten Free
 Non GMO

4 SERVINGS

NET WEIGHT 12 OZ (340g)

Morini Brands
RISOFU®
 "Nature's Meat Alternative"

Spread
INSTEAD™

NATURE'S SMARTEST MEAT ALTERNATIVE™



TRADITIONAL
 SWEET RELISH & MUSTARD



Recipes:
 SpreadInstead.com



BANGIN' BUFFALO QUESADILLA

INGREDIENTS

1 each -10" Flour Tortilla
 1oz. Shredded Cheddar Cheese
 2ozs. Bangin' Buffalo Spread Instead*
 1oz. Sautéed Onions
 1oz. Sautéed Red & Green Peppers

INSTRUCTIONS

Place flour tortilla on cutting board
 Spread Bangin' Buffalo Spread Instead*
 on half the flour tortilla.
 Place shredded Cheddar cheese on
 the other side of flour tortilla.

Add sautéed onions and peppers.
 Fold in half.
 Place in a non-stick sauté pan,
 on medium high heat sprayed with
 cooking spray.
 Lightly brown on both sides.
 When done place on cutting board
 and cut into 3-4 pieces.
 Serve with Sour cream and Salsa
 or Guacamole.